

Intervention

Decision-making, life skills and guided technology

Recommended for ages 13+ | Schools, reentry programs and community organizations

PROGRAM OVERVIEW

Intervention helps teens and emerging adults examine how habits, relationships, environment and past choices influence future outcomes. Guided scenarios, reflection and practical planning turn abstract consequences into visible options. The program is educational and preventive; it does not replace licensed mental-health treatment or legal services.

PARTICIPANTS WILL

- Set specific and achievable personal goals.
- Recognize patterns, pressure and consequences before acting.
- Evaluate healthy and unhealthy relationships.
- Practice financial responsibility and time management.
- Develop leadership, community responsibility and a realistic success plan.

RECOMMENDED INVESTMENT

ENGAGEMENT	INVESTMENT
Single 60-90 minute workshop	\$1,000
Half-day intensive, up to 3 hours	\$1,500
Full-day decision lab, up to 6 hours	\$2,500

ENGAGEMENT	INVESTMENT
Eight-week cohort, one session weekly	\$10,000
Twelve-week intensive	\$14,500

Pricing is designed for schools, nonprofits and community partners. Travel outside New York City or southern New Hampshire, specialized equipment, venue rental and unusually large cohorts are quoted separately. Limited sponsor-supported rates may be available.

A practical sequence that can be adapted to the age group, setting and needs identified during intake.

WEEK	FOCUS	LEARNING & PRACTICE
1	Starting point	Strengths, current challenges, support systems and a personal definition of success.
2	Patterns and consequences	Decision chains, triggers, short-term rewards and long-term impact.
3	Identity and environment	Race, class, history, family, peers and the difference between context and destiny.
4	Relationships and boundaries	Healthy support, manipulation, communication, consent and conflict choices.
5	Money and responsibility	Budgeting, needs versus wants, income, credit basics and financial consequences.
6	Goals and time	SMART goals, scheduling, obstacles, routines and recovery after setbacks.
7	Leadership and service	Accountability, teamwork, kindness, philanthropy and community impact.
8	Personal success plan	Scenario practice, resource map and a 30/60/90-day action plan.

WHAT IS INCLUDED

- Partner intake and needs assessment
- Facilitated scenarios and reflection tools
- Participant workbook and goal planner
- Resource and referral planning with partner staff
- Pre/post feedback
- Partner debrief and recommendations

NEXT STEP

Schedule a discovery conversation so we can confirm goals, group size, dates, accommodations and the best program format.

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